

## 2020 Youth Competitive Season (*Tentative*) Schedule

**January:** Monday/Wednesday/Friday (beginning Wednesday, January 15)

**Time:** 5:30-7:30 pm

**Location:** 1715 45<sup>th</sup> Ave SW, West Seattle Admiral Area (Jim McCary's house)

**February:** Continue M/W/F practices at Jim McCary's 5:30-7:30. On **Saturday Feb 15<sup>th</sup>** we will add Saturday practices. Saturdays will be **9 am to 1130 am** running or erging at S.P. Community Ctr. Dress to be outside and wear running shoes.

**March:** Back on the water **March 7**. From March 7 to Regionals (? May 15-17) we are on the water.

**Monday/Wednesday/Friday 5:30 to 8:30, Saturday Noon to 3 pm, Sunday 9 to Noon for the remainder of the season.**

### **(Tentative) Racing Schedule:**

(We will skip Green Lake Spring Sprints next year)

-? March 21<sup>st</sup> or 28th DRC Fundraiser (Attendance is Mandatory)

-? March 22<sup>nd</sup> Burton Beach Invitational (Vashon Island) (\$50-\$75 per athlete)

-April 3<sup>rd</sup>-5<sup>th</sup> (this is a firm date) Orcas Island Scrimmage (\$125 per athlete)

-April 17-19 (this is a firm date) Covered Bridge Regatta, Lowell, OR (\$125 per athlete)

-? April 25<sup>th</sup> or May 2<sup>nd</sup> Scrimmage with Eastside Prep, Lake Union Rowing Club (free)\*

-? May 15-17 Northwest Youth Regionals, Vancouver Wa (\$150 per athlete)

**Total estimated cost** for competitive season including membership is about **\$725**. *Scholarships available, talk to Coach Mike.*

\*We may add a scrimmage with Lake Stevens. We will not be racing at Lake Stevens Spring Sprints since the date clashes with Covered Bridge.

### **Notes:**

-Attendance at all practices.

-Snow days.

-Must attend trailer loading and unloading

-When is spring break from school?

-Uniforms (looking for volunteers to coordinate).

-Parent booster group (for food at regattas etc.).

-Volunteer chaperones for away regattas.

-discuss volunteer nature of the club.

-Volunteer opportunities (oar painting, trailer maintenance, office repair).

-light-weights; new rules from US Rowing- boys 150 lbs, girls 130 lbs- need Dr. approval

### **Coach Mike Contact:**

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